

HSYB/ NYBSA/GYBS/S.H./ CL  
GIRLS COACH PITCH RULES

ALL RULES ARE FROM THE CURRENT NSA RULE BOOK, WITH THE FOLLOWING  
EXCEPTIONS AND IN ADDITION TO THE ALL DIVISIONS LEAGUE RULES:

1. Age limit for this division: Player must not exceed age 8 years old as of September 1<sup>st</sup>.
2. An 11 (eleven) inch softball will be used for this division.
3. Only NSA stamped bats are allowed.
4. A 9 (nine) foot circle will surround the pitcher's mound. If a second mound is present at 40" the circle will be centered around both mounds.
5. Pitching distance shall be 35 (thirty-five) feet. Base length is 60 (sixty) feet.
6. Game time is 80 minutes or 6 innings. No Drop dead
7. Each team will field 10 (ten) defensive players. The 10th player must be in the Outfield position in an equal distance or alignment with the other 3 (three) outfielders. Outfielders must be a minimum of 15 feet behind the baseline.
8. All Players must be on batting roster the entire game and play at least 6 (six) defensive outs. If a player leaves the game early or is unable to take her at bat, NO out will be recorded every time her spot comes up in the batting order. There will be free subs, but scorebooks will be checked to make sure all players have their required playing time. If a player is held out of a game for any reason, the opposing coach, official scorekeeper and Division Supervisor must be notified prior to the game.
9. Coaching staff pitches to own players. Pitching coach must have 1 (one) foot inside pitching circle upon release of ball. If a batted ball hits a coach, batter is out and runners cannot advance. If a thrown ball hits coach, it is a dead ball, and runners return to the last base touched. The coaches may not touch the ball until the play is ruled dead by the umpire.
10. Batter gets a maximum of 7 (seven) pitches. Three strikes are an out. Foul tips keep batter alive. Slap hitting is allowed, however straight bunting is not. Batter's intent to bunt will be at the Umpire's discretion.

11. No coaching (at umpire's discretion) will be allowed from the pitching circle. 1st time the umpire will give a warning, and the 2nd time will result in an interference call, which will result in runners being returned to their previous bases.

12. No infield fly rule.

13. Base runners cannot leave base until the ball is hit, NO STEALING! Sliding is allowed (No headfirst sliding).

14. Play becomes dead when the pitcher's helper has control of the ball with both feet inside the circle. Base runners in between bases when the play is called dead, have the right to continue to advance 1 (one) base on any hit, if you are in between bases on extra bases you must return to the previous unoccupied base. All base runners advance at their own risk. Pitcher's helper has the option to make a play or maintain possession of a ball that is batted into the circle.

15. There will be a minimum of 1 (one) umpire for all Coach Pitch games. The head coach will be the only one that will address the umpire.

16. Anyone using foul language near the players will be asked to leave. The next offense will result in being banned from the field from the remainder of the season.

THESE RULES ARE USED BY THE HILMAR, GUSTINE, CROWS LANDING,  
PATTERSON AND NEWMAN

AMENDED 1/25/2026